

# EVERYDAY PRACTICES FOR PURPOSEFUL LIVING

Study Guide for Groups, Families, or Individuals

## WEEK 1 (10/2)

# Listen & Obey

### Connect // (25 min)

Connect with one another. Celebrate and share burdens together by asking...

- What are you feeling grateful for this week?
- Ask if anyone has a need or knows of anyone with a need?
- Pray over any needs/concerns that come up.

### Read // (5 min)

Listen to what the passage has to say...

- Ask someone to read **1 Samuel 3**
- Ask someone to re-read the passage perhaps in another version.
- Ask someone to re-tell the passage in everyday words or do as a whole group.

### Observe // (30 min)

Discover together what the Scripture is saying regarding **listening and obeying**. Resist the urge to teach. Ask these questions...

- What got your attention? Any words or phrases that stood out?
- What do we discover about God in this passage?
- What can we learn from **Samuel** in this passage?
- What do we learn about **listening & obeying** from this passage?

### Apply // (10 min)

Share how God is asking us to **apply** these learnings to everyday life by asking these questions...

- What is God saying to you personally from this passage regarding **listening & obeying**?
- What are you going to do about it? Ask everyone to create & share an **"I will"** statement for the week. (Ex. "I will commit to...")
- Encourage **SMART** statements. (Specific, Measurable, Achievable, Realistic, Timebound)
- Who is someone you can share what you've learned with this week?

### PRAY & WRAP UP// (5 min)

- Encourage everyone to read through the "Listen & Obey" practice card and practice listening and obeying throughout their week.
- Pray as a group to wrap up.
- Send the "I will" statements out to the group after the meeting to help keep everyone accountable!

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## WEEK 2 (10/9)

### Develop Weekly Rhythms

#### Connect // (25 min)

Connect with one another!

- Do a general check in (how everyone is doing, any prayer needs, etc)
  - Ask "In what ways did you hear the Lord speak to you this week?"
  - Ask "In what ways was this exercise easy? What did you find most challenging?"
- Encourage folks to share a story from their experience.

#### Read // (5 min)

Listen to what the weekly passage of Scripture has to say, follow these steps...

- Ask someone to read **Psalm 119:97-104**.
- Ask someone to re-read the passage perhaps in another version.
- Ask someone to re-tell the passage in everyday words or do as a whole group.

#### Observe // (30 min)

Discover together what the Scripture is saying regarding our **weekly rhythms**. Resist the urge to teach. Ask these questions...

- What got your attention? Any words or phrases that stood out?
- What do we discover about God in this passage?
- What can we learn through David in this passage?
- What do we learn about weekly rhythms from this passage?

#### Apply // (10 min)

Share how God is asking you to **apply** these learnings to everyday life by asking these questions...

- What is God saying to you personally from this passage regarding **listening & obeying**?
- What are you going to do about it? Ask everyone to create & share an "I will" statement for the week. (Ex. "I will commit to...")
- Encourage **SMART** statements. (Specific, Measurable, Achievable, Realistic, Timebound)
- Who is someone you can share what you've learned with this week?

#### PRAY & WRAP UP// (5 min)

- Encourage everyone to read through the "Develop Weekly Rhythms" practice card and put into practice some of those rhythms throughout their week.
- Pray as a group to wrap up.
- Send the "I will" statements out to the group after the meeting to help keep everyone accountable!

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## WEEK 3 (10/16)

### Prioritize Community

#### Connect // (25 min)

Connect with one another!

- Do a general check in (how everyone is doing, any prayer needs, etc.)
- Ask “How was your experiences incorporating rhythms into your week?”
- Ask “Did you find it easy? What did you find most challenging?” Encourage folks to share a story from their experience.

#### Read // (5 min)

Listen to what the weekly passage of Scripture has to say, follow these steps...

- Ask someone to read Genesis 18:1-8.
- Ask someone to re-read the passage perhaps in another version.
- Ask someone to re-tell the passage in everyday words or do as a whole group.

#### Observe // (30 min)

Discover together what the Scripture is saying regarding hospitality & prioritizing community. Resist the urge to teach. Ask these questions...

- What got your attention? Any words or phrases that stood out?
- What do we discover about God in this passage?
- What can we learn through Abraham in this passage?
- What do we learn about hospitality and community from this passage?

#### Apply // (10 min)

Share how God is asking you to **apply** these learnings to everyday life by asking these questions...

- What is God saying to you personally from this passage regarding **hospitality and community**?
- What are you going to do about it? Ask everyone to create & share an “I will” statement for the week. (Ex. “I will commit to...”)
- Encourage **SMART** statements. (Specific, Measurable, Achievable, Realistic, Timebound)
- Who is someone you can share what you’ve learned with this week?

#### PRAY & WRAP UP// (5 min)

- Encourage everyone to read through the “Prioritize Community” practice card and seek to find ways to build in community throughout their week.
- Pray as a group to wrap up.
- Send the “I will” statements out to the group after the meeting to help keep everyone accountable!

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## WEEK 4 (10/23)

### Grow in Generosity

#### Connect // (25 min)

Connect with one another!

- Do a general check in (how everyone is doing, any prayer needs, etc.)
- Ask, "What were your experiences with building community into your week?"
- Ask, "Did you find it easy? What did you find most challenging?" Encourage folks to share a story from their experience.

#### Read // (5 min)

Listen to what the weekly passage of Scripture has to say, follow these steps...

- Ask someone to read I Kings 17:7-16.
- Ask someone to re-read the passage perhaps in another version.
- Ask someone to re-tell the passage in everyday words or do as a whole group.

#### Observe // (30 min)

Discover together what the Scripture is saying regarding **growing in generosity**. Resist the urge to teach. Ask these questions...

- What got your attention? Any words or phrases that stood out?
- What do we discover about God in this passage?
- What can we learn through **the Widow at Zarephath** in this passage?
- What do we learn about **generosity** from this passage?

#### Apply // (10 min)

Share how God is asking you to **apply** these learnings to everyday life by asking these questions...

- What is God saying to you personally from this passage regarding **growing in your generosity**?
- What are you going to do about it? Ask everyone to create & share an "I will" statement for the week. (Ex. "I will commit to...")
- Encourage **SMART** statements. (Specific, Measurable, Achievable, Realistic, Timebound)
- Who is someone you can share what you've learned with this week?

#### PRAY & WRAP UP// (5 min)

- Encourage everyone to read through the "Grow in Generosity" practice card and seek to find a way(s) to practice generosity throughout their week.
- Pray as a group to wrap up.
- Send the "I will" statements out to the group after the meeting to help keep everyone accountable!

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## WEEK 5 (10/30)

### Invest in Others

#### Connect // (25 min)

Connect with one another!

- Do a general check in (how everyone is doing, any prayer needs, etc.)
- Ask, "What were some ways that you grew in generosity this past week?"
- Ask "Did you find it easy? What did you find most challenging?" Encourage folks to share a story from their experience.

#### Read // (5 min)

Listen to what the weekly passage of Scripture has to say, follow these steps...

- Ask someone to read **Exodus 18:13-25**.
- Ask someone to re-read the passage perhaps in another version.
- Ask someone to re-tell the passage in everyday words or do as a whole group.

#### Observe // (30 min)

Discover together what the Scripture is saying regarding investing in others. Resist the urge to teach. Ask these questions...

- What got your attention? Any words or phrases that stood out?
- What do we discover about God in this passage?
- What can we learn through **Moses and Jethro** in this passage?
- What do we learn about **investing in others** from this passage?

#### Apply // (10 min)

Share how God is asking you to **apply** these learnings to everyday life by asking these questions...

- What is God saying to you personally from this passage regarding **investing in others**?
- What are you going to do about it? Ask everyone to create & share an "I will" statement for the week. (Ex. "I will commit to...")
- Encourage **SMART** statements. (Specific, Measurable, Achievable, Realistic, Timebound)
- Who is someone you can share what you've learned with this week?

#### PRAY & WRAP UP// (5 min)

- Encourage everyone to read through the "Invest in Others" practice card and seek to find ways to put this into practice throughout their week.
- Pray as a group to wrap up.
- Send the "I will" statements out to the group after the meeting to help keep everyone accountable!

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## WEEK 6 (11/6)

### Join the Mission

#### Connect // (25 min)

Connect with one another!

- Do a general check in (how everyone is doing, any prayer needs, etc.)
- Ask “How was your experiences with reaching out to others?”
- Ask “Did you find it easy? What did you find most challenging?” Encourage folks to share a story from their experience.

#### Read // (5 min)

Listen to what the weekly passage of Scripture has to say, follow these steps...

- Ask someone to read **Genesis 12:1-9**.
- Ask someone to re-read the passage perhaps in another version.
- Ask someone to re-tell the passage in everyday words or do as a whole group.

#### Observe // (30 min)

Discover together what the Scripture is saying regarding **join the mission**. Resist the urge to teach. Ask these questions...

- What got your attention? Any words or phrases that stood out?
- What do we discover about God in this passage?
- What can we learn through **Abraham** in this passage?
- What do we learn about **joining the mission** from this passage?

#### Apply // (10 min)

Share how God is asking to **apply** these learnings to everyday life by asking these questions...

- What is God saying to you personally from this passage regarding **joining the mission**?
- What are you going to do about it? Ask everyone to create & share an “**I will**” statement for the week. (Ex. “I will commit to...”)
- Encourage **SMART** statements. (Specific, Measurable, Achievable, Realistic, Timebound)
- Who is someone you can share what you’ve learned with this week?

#### PRAY & WRAP UP// (5 min)

- Encourage everyone to read through the “Join the Mission” practice card and seek to find ways to put it into practice throughout their week.
- Pray as a group to wrap up.
- Send the “I will” statements out to the group after the meeting to help keep everyone accountable!